



Guaranteed

Effective: January 1, 2023

SAMPLE

Table of Contents

Section 1: Interpretation and Terms Used	5
Interpretation.....	5
Terms Used	5
Section 2: Insurance Provision	7
Section 3: Terms of Insurance and Renewability	8
Section 4: Cancellation and Termination	8
Cancellation	8
Termination.....	8
Section 5: Premium	9
Payment of Premium.....	9
Change in Premium at Renewal.....	9
Change in Premium Due to Change in Risk Class or Coverage.....	9
Other Changes in Premium.....	10
Additional Fees	10
Grace Period.....	10
Section 6: Covered Healthcare Services and Supplies	11
Payment of Benefits	11
Date of Incurral	11
Definitions	11
Healthcare Services and Supplies Covered by this Policy.....	12
Section 7: Limitations	16
General Limitations	16
Specific Limitations for Covered Healthcare Services and Supplies	17
Section 8: Exceptions	19
General Exceptions.....	19
Specific Exceptions for Covered Healthcare Services and Supplies.....	20
Section 9: Claim Provisions	21
Proof of Claim	21
Coordination of Benefits.....	21
Assignment of Rights Against Third Parties	22
Pre-Determination of Covered Dentalcare Services and Supplies.....	22
Payment of Claims	22
Overpayment	22
Section 10: Reinstatement.....	23

Section 11: Surviving Spouse and Child Conversion Coverage	23
Section 12: Change in Policy Provisions.....	23
Section 13: General Provisions.....	24
Currency	24
Medical and Dental Assessments	24
Misstatement of Age	24
Payment to Estate.....	24
Incontestability	24
Disclosure Provisions.....	25
Appeals.....	25
Conformity to Legislation.....	25
Section 14: Statutory Conditions.....	25
Copy of Application	25
The Contract	25
Waiver	25
Material Facts	26
Notice and Proof of Claim	26
Company to Furnish Forms for Proof of Claim	26
Failure to Give Notice or Proof	26
When Moneys Payable	26
Limitations of Actions	26
Termination by Insured	27
Termination by Insurer	27

Section 1: Interpretation and Terms Used

Interpretation

The use of capital letters in this policy indicates a term that is defined below or elsewhere in this policy.

The use of italicized letters indicates a reference to a heading or sub-heading shown on the *Policy Specifications*, unless otherwise indicated.

Policy Specifications refers to the page(s) headed *Policy Specifications* in this policy and any amendments thereto.

Terms Used

Annual Renewal Date means the annual date set out on the *Policy Specifications* on which Canada Life may renew this policy.

Application means the form approved by Canada Life that the *Owner* completed and signed, in order to apply for the coverage provided under this policy.

Canada Life means The Canada Life Assurance Company, and any other companies or persons with whom Canada Life may contract to provide, on Canada Life's behalf, some or all of the services provided under this policy.

Covered Expenses for Covered Healthcare Services and Supplies means the lesser of actual expenses and Customary Charges.

Covered Healthcare Services and Supplies means the healthcare services and supplies covered by this policy as set out in Section 6.

Customary Charges means the lowest of:

- representative prices in the area where the treatment was provided;
- maximum prices established by law;
- with respect to Covered Healthcare Services and Supplies, prices shown in any applicable professional association fee guide; or
- with respect to Dental Accident Treatment, prices shown for a general practitioner in the Dental Fee Guide for general practitioner, or a specialist fee guide when a specialist provides services within the specialist's specialty.

Dental Mechanic means a person who is licensed to construct dentures.

Dentist means a person, other than an *Insured* or a member of an *Insured's* family, who is a licensed dentist in the province or territory where the dental care is received and who gives dental care within the scope of that license.

Government Plan means a plan that provides drug, health, dental or vision coverage and that is legislated, funded or administered by a government. Group plans for government employees are not included. A person must be covered by the Government Plan providing Medicare coverage in the person's province or territory of residence in order to become covered by this policy.

Hospital means an institution that:

- is legally termed a hospital;
- is open at all times;
- offers in-patient accommodation;
- has a staff of one or more physicians available at all times; and
- provides continuous 24-hour nursing by registered nurses.

Injury means accidental bodily injury.

Insurable Child means an unmarried child who meets all of the following requirements:

- the child is the natural, adopted, or step child of the *Owner* or the Insurable Spouse, or a child for whom the *Owner* or the Insurable Spouse has been appointed guardian for all purposes by a court of competent jurisdiction.
- the child, if under age 21, is not working more than 30 hours a week, unless the child is also a full-time student.
- the child, if age 21 or over:
 - is a full-time student under age 25; or
 - is incapacitated for a continuous period that began before age 21; or
 - is incapacitated for a continuous period that began while the child was a full-time student under age 25.
- the child, if the child of the Insurable Spouse, is also the *Owner's* child or the Insurable Spouse is living with the *Owner* and has custody of the child.

A child for whom the *Owner* or the Insurable Spouse has been appointed guardian is not insurable unless Canada Life has received satisfactory proof of guardianship and if the Insurable Spouse is the guardian, the Insurable Spouse is living with the *Owner*.

A child is considered a full-time student if the child has been in registered attendance at an elementary school, high school, university or similar educational institution for 15 hours a week or more sometime in the last six months. If the child is being paid to attend an educational institution, the child will not be considered a full-time student.

A child is considered incapacitated if the child is incapable of supporting themselves due to a physical or psychiatric disorder.

Insurable Spouse means the *Owner's* legal spouse or common-law spouse.

- A legal spouse means the person lawfully married to the *Owner* according to the applicable provincial legislation.
- A common-law spouse means the person who is living with the *Owner* in a conjugal relationship.

If the *Owner* has a change in spouse, the *Owner* must provide a statement of health for the new spouse satisfactory to Canada Life before coverage will be provided for the new spouse under this policy.

No coverage will be provided under this policy until the *Owner* has received written confirmation of the change in coverage from Canada Life. The change will take effect on the first day of the month following approval by Canada Life.

A change from a common-law spouse to a legal spouse is valid only when the legal spouse is living with the *Owner*.

Insured means the *Owner* or any person named on the *Policy Specifications* as an *Insured*.

Other Health Insurance Plan means a plan that provides indemnity, insurance, reimbursement or service benefits for hospital, medical, dental or other types of expenses. Examples of Other Health Insurance Plans include group and individual health insurance coverage, including health benefits payable through an automobile policy, union welfare plan, self-insured group plan, mutual benefit association, prepayment plan or credit card plan.

Physician means a person, other than an *Insured* or a member of the *Insured's* family, who is a licensed medical doctor in the province where the medical care is received and who gives medical care within the scope of that license.

Policy Effective Date means the *Effective Date* shown on the *Policy Specifications* first issued with this policy.

Professional Nurse means a registered nurse, licensed practical nurse or registered nursing assistant.

Risk Class means any grouping of *Insureds* used in Canada Life's Risk Classification System for health insurance plans of this type.

Risk Classification System means the criteria, rules and procedures used by Canada Life to classify risk and to determine eligibility and premium rates for health insurance plans of this type, including the variables set out in the *Policy Specifications*.

Sickness means disease or illness.

Sound Natural Tooth means any tooth that has not been artificially replaced and that did not require restorative treatment immediately before the Injury.

War means an act or state of war, declared or not, and includes any armed conflict by or against any country, political unit or any group formed to engage in war.

Written Request means a written request in a form satisfactory to Canada Life, together with such evidence satisfactory to Canada Life as it may require, if any.

Year means the 12-month period beginning on the date that the first expense is incurred. This definition of Year is used for the purpose of determining maximums or frequency limitations, unless the time period is specifically stated as a calendar year. A subsequent Year begins on the date that the first expense is incurred after the end of the previous Year. Similarly, two Years means the 24-month period beginning on the date that the first expense is incurred. A subsequent period of two Years begins on the date that the first expense is incurred after the end of the previous two Years. Other stated periods of Years have a corresponding meaning based on the number of periods stated.

Section 2: Insurance Provision

This policy is issued in consideration of the Application for it and payment of the first premium on or before delivery of this policy.

Upon receiving proof of claim satisfactory to Canada Life, Canada Life will pay benefits for expenses incurred by an *Insured* for Covered Healthcare Services and Supplies. The expenses must be incurred by the *Insured* while this policy is in force.

For benefits to be payable, Covered Healthcare Services and Supplies must be provided to the *Insured* as a result of an Injury or Sickness. Payment is subject to the limits set out in the *Table of Benefits, Healthcare Coverage Limits* set out in the *Policy Specifications*, the limitations and exceptions set out in this policy, and all other provisions of this policy.

Section 3: Terms of Insurance and Renewability

This policy is for a term of one year:

- commencing on the Policy Effective Date; and
- ending on the day before the first *Annual Renewal Date* following the Policy Effective Date.

Canada Life will automatically renew this policy every year for successive one-year terms commencing on the *Annual Renewal Date*. This policy must be in force on the day before each *Annual Renewal Date* in order to be renewed.

Canada Life has the right to change the *Annual Renewal Date* from time to time. If the *Annual Renewal Date* is changed, the effect of such a change will be to extend the then-current term of insurance to the day before the new *Annual Renewal Date*.

Section 4: Cancellation and Termination

Cancellation

Canada Life has the right to cancel this policy on any *Annual Renewal Date*, provided the cancellation will be made to all policies within a particular Risk Class and will not affect only the policy of the individual *Owner*. Canada Life will give written notice of a cancellation to the *Owner* at least 31 days prior to the cancellation date.

Termination

This policy will terminate on the earliest of:

- the date the *Owner* ceases to be covered under the Government Plan which provides coverage in the *Owner's* province or territory of residence;
- the date the *Owner* ceases to be a permanent resident of Canada;
- the last day of the month in which:
 - the last day of the grace period occurs, if the premium due has not been paid in full by that date;
 - cancellation under the above Cancellation provision occurs;
 - the end of the premium period occurs when Canada Life receives a Written Request from the *Owner* to terminate the policy; or
 - the *Owner* dies.

Coverage for an Insurable Spouse or an Insurable Child will terminate on the earliest of:

- the date the Insurable Spouse or Insurable Child ceases to be covered by the Government Plan which provides coverage in their province or territory of residence;
- the date the Insurable Spouse or Insurable Child ceases to be a permanent resident of Canada;
- the last day of the month in which:
 - the policy terminates;
 - the person ceases to qualify as an Insurable Spouse or an Insurable Child;
 - the *Insured* dies; or
 - the end of the premium period occurs when Canada Life receives a Written Request from the *Owner* terminating coverage for a named *Insured*.

Section 5: Premium

Payment of Premium

The *Owner* will pay, or cause to be paid, the premium when due.

Premiums are due monthly. The first premium is due and payable on or before the Policy Effective Date. Thereafter, each premium is due in advance on the day shown under *Premium Frequency* on the *Policy Specifications*.

All premiums after the first premium must be paid to Canada Life or its authorized administrator. Payment may be made by way of a pre-authorized withdrawal from the account of the *Owner*, or from the account of the premium payor if other than the *Owner*. The *Owner*, or premium payor if not the *Owner*, may, by Written Request, change the designated account from which payment is to be made.

Change in Premium at Renewal

Prior to each *Annual Renewal Date*, Canada Life will establish the premium for the next one-year term based on:

- the anticipated experience of the Risk Class to which the *Owner* belongs; and
- the attained age of the *Owner* at the *Annual Renewal Date*.

The new premium will take effect on the *Annual Renewal Date* of this policy. Any change based on anticipated experience will affect all policies within the Risk Class with the same *Annual Renewal Date* and not only the policy of the *Owner*. Canada Life will not change the premium based on anticipated experience more than once in any 12-month period.

Canada Life will give written notice of a change in premium no less than 31 days before the *Annual Renewal Date*. This written notice will state the new premium and will be mailed to the *Owner* at the most recent address shown in Canada Life's records. If a change results in a decrease in premium, any excess premium already paid will be applied toward the next premium due.

Change in Premium Due to Change in Risk Class or Coverage

The premium will also change if the *Owner* becomes a member of a different Risk Class. Reasons that the *Owner* may become a member of a different Risk Class include:

- a change in the *Owner's* province or territory of residence; or
- approval or termination of coverage for an Insurable Spouse or Insurable Child.

The *Owner* must notify Canada Life in writing upon the occurrence of any change in the *Owner's* province or territory of residence and the date the change occurred. The change in premium will be effective on the first day of the month following the date of the change in the province or territory of residence.

Reasons that the premium may change due to a change in coverage include:

- approval or termination of coverage for an Insurable Spouse or Insurable Child after the policy has been issued; and
- when coverage is increased or decreased after the policy has been issued.

A change in premium resulting from approval of coverage for an Insurable Spouse or Insurable Child or an increase in coverage will be effective on the first day of the month following:

- approval of coverage for an Insurable Spouse or Insurable Child; or
- the Written Request from the *Owner* to increase coverage.

A change in premium resulting from termination of coverage for an Insurable Spouse or Insurable Child or a decrease in coverage will be effective on the last day of the month following the termination or a decrease in coverage.

Other Changes in Premium

Canada Life also has the right to change the premium at any time for any of the following reasons, provided that the change will affect all policies within a Risk Class and not only the policy of the *Owner*:

- if the introduction, revision, or repeal of a government law or regulation results in a change in the benefits payable under this policy or taxes payable to a government authority;
- if the benefits payable under this policy are affected by a change in a Government Plan, hospital rates, the Compendium of Pharmaceuticals and Specialties, the Canadian Dental Association Uniform System of Coding and List of Services or similar rate guides approved by the appropriate governing body; or
- if there is a change in the coverage provided by this policy.

Any change in premium for the above reasons will be made to all policies within a particular Risk Class and will not affect only the policy of an individual *Owner*.

Written notice of a change in premium will be mailed to the *Owner* at the most recent address shown on the record of Canada Life, no less than 31 days before any change in premium becomes effective.

The written notice will state the new premium and effective date of the change. If a change results in a decrease in premium, any excess premium already paid will be applied toward the next premium due.

Additional Fees

Canada Life may charge a fee for services requested by the *Owner* in accordance with Canada Life's then-current fee schedule.

Canada Life will notify the *Owner* of the fee and its due date.

Grace Period

Except for the first premium, a 31-day grace period will be allowed for payment of premium or additional fees not paid when due. This policy will remain in force during any grace period.

This policy will terminate automatically on the last day of the grace period if the premium or any additional fees are still unpaid at the end of the grace period, unless otherwise provided.

Section 6: Covered Healthcare Services and Supplies

This section describes the Covered Healthcare Services and Supplies benefits covered by this policy.

Payment of Benefits

Payment of benefits for Covered Healthcare Services and Supplies will be for Covered Expenses at the *Reimbursement Level* shown in the *Policy Specifications*.

Benefits payable are subject to the *Healthcare Coverage Limits* set out in the *Policy Specifications*, including the:

- *Reimbursement Level* for eligible prescription drug expenses of 90%;
- *Reimbursement Level* for eligible expenses for ambulance services and hospital care of 100%;
- *Reimbursement Level* for all other eligible healthcare expenses of 90%;
- *Maximum Benefit Amount* of \$30,000 per calendar year; and
- limitations and exceptions set out in this policy, and all other provisions of this policy.

Date of Incurral

For the purpose of all calculations made under this section, expenses for Covered Healthcare Services and Supplies are considered to be incurred when the person receives them.

For the purpose of all calculations made under the Dental Accident Treatment provision, expenses for dental accident treatment are considered to be incurred when treatment is completed.

Definitions

Acute Care means active intervention required to diagnose or manage a condition that would otherwise deteriorate.

Chronic Care means management of a condition where significant improvement or deterioration is unlikely within the next 12 months.

Convalescent Care means active treatment or rehabilitation:

- for a condition that will significantly improve as a result of convalescent care; and
- that immediately follows three or more days of confinement for Acute Care.

Nursing Home means an institution or part of an institution that:

- offers in-patient accommodation;
- has a staff of one or more physicians available at all times; and
- provides continuous 24-hour medical care by or under the supervision of Professional Nurses.

Facilities established primarily as residences for senior citizens or which provide personal rather than medical care are not included.

Palliative Care means treatment for the relief of pain in the final stages of a terminal condition.

Reasonable and Customary Charges means the lowest of:

- representative prices in the area where the treatment was provided;
- prices shown in any applicable professional association fee guide; and
- maximum prices established by law.

Reasonable Dental Treatment means treatment that:

- is recognized by the Canadian Dental Association;
- has proven to be effective;
- is performed by a Dentist or under a Dentist's supervision, or performed by a Dental Mechanic; and
- is of a form, intensity, frequency and duration essential to diagnosis or management of dental Injury or Sickness.

Reasonable Medical Treatment means treatment that:

- is accepted by the Canadian medical profession;
- has proven to be effective; and
- is of a form, intensity, frequency and duration essential to diagnosis or management of the Injury or Sickness.

Healthcare Services and Supplies Covered by this Policy

Unless otherwise indicated, the following services and supplies are covered only when provided in Canada.

The services and supplies provided must be Reasonable Medical Treatment for an Injury or Sickness or Reasonable Dental Treatment for an Injury or Sickness.

No benefits are payable for the cost of services and supplies that are not Reasonable Medical Treatment or Reasonable Dental Treatment.

Unless otherwise specified, dental treatment is both described and assessed according to the Canadian Dental Association Uniform System of Coding and List of Services, as amended from time to time.

Ambulance Services

Canada Life covers ambulance services, including air ambulance services, if they are provided by a licensed ambulance company, for transportation to the nearest centre where essential treatment is available.

Hospital Care and Nursing Home Care

Hospital Care

Canada Life covers private accommodation in a Hospital if:

- it starts while the *Insured* is covered under this policy; and
- it represents Acute Care, Convalescent Care or Palliative Care.

Canada Life also covers, for out-of-province but in-Canada Hospital accommodation, the difference between the Hospital's standard ward rate and the government authorized allowance under the Government Plan in the *Insured's* home province or territory.

Canada Life covers the Hospital facility fee related to dental surgery.

Canada Life covers any hospital outpatient charges incurred outside the *Insured's* home province or territory but in Canada when not covered by the Government Plan in the *Insured's* home province or territory. Nursing Home Care

Canada Life covers Nursing Home accommodation if:

- it starts while the *Insured* is covered under this policy;
- it represents Acute Care, Chronic Care, Convalescent Care or Palliative Care; and
- it has been approved by Canada Life prior to commencement of care.

In-Home Nursing Care

Canada Life covers in-home nursing care if:

- it starts while the *Insured* is covered under this policy;
- it represents Acute Care, Convalescent Care or Palliative Care; and
- it has been approved by Canada Life prior to commencement of care.

In-home nursing care is care that:

- requires the skills and training of a Professional Nurse; and
- is provided in a private residence by a Professional Nurse.

The level of skill needed will be determined using applicable licensing restrictions.

The *Owner* must obtain from Canada Life an estimate of nursing care benefits under this policy.

Canada Life will require a letter from the attending Physician containing:

- a description of the *Insured's* Injury or Sickness;
- a list of the required nursing services and their frequency;
- an indication of the level of skill required to perform the required nursing care services, meaning those of a registered nurse, licensed practical nurse, registered nursing assistant or other practitioner;
- the number of hours of care required per day or week; and
- an estimate of the length of time nursing care will be required.

Prescription Drugs

Canada Life covers the following drugs:

- drugs that by law require a Physician's or Dentist's prescription to be dispensed, according to the Food and Drugs Act, Canada, as amended from time to time; or provincial legislation in effect where the drug is dispensed, including oral contraceptives;
- drugs that must be injected, including vitamins, insulin and allergy extracts. Syringes for self-administered injections of covered drugs are also covered;
- disposable needles for use with non-disposable insulin injection devices, lancets, test strips, and sensors for flash glucose monitoring machines;
- the following life-sustaining drugs that are used in treatment of the conditions listed, if they are prescribed by a Physician, whether or not they are used in the treatment of the conditions for which they are listed:

Disease	Drug used
Convulsions	Anti-convulsants
Eye disease	Mydriatics, cycloplegics, miotics;
Heart disease	Anti-anginal agents, anti-arrhythmic agents, cardiotonics, enzymatic debriding agents, vasodilators and vasopressors
Lung disease	Bronchodilators and mucolytics
Parkinson's Disease	Anti-Parkinson's

Canada Life covers expenses incurred for eligible drugs outside of Canada if Canada Life would have paid benefits for those drugs if they had been received in the *Insured's* home province or territory.

Drugs or syringes covered under the Medical Supplies provision are not covered under this provision.

Medical Supplies

The following medical supplies are covered when prescribed by a Physician. For supplies available on a rental basis, Canada Life covers either the rental cost or, at its discretion, the cost of purchase:

Breathing Equipment

- oxygen and the equipment needed for its administration;
- intermittent positive pressure breathing machines;
- continuous positive airway pressure machines;
- apnea monitors for respiratory dysrhythmias;
- mist tents and nebulizers;
- chest percussors, drainage boards and sputum stands;
- suction pumps; and
- tracheostoma tubes.

Orthopedic Equipment

- braces. Braces are wearable, orthopedic appliances that rely on a rigid material such as metal or hard plastic to hold parts of the body in the correct position. Elastic supports and foot orthotics are not considered braces;
- cervical collars;
- custom-made foot orthotics and custom-fitted orthopedic shoes, including modification to orthopedic footwear;
- casts;
- splints, including shoes attached to a splint;
- external electrospinal stimulators for the correction of scoliosis;
- non-union bone stimulators; and
- prone standers.

Prosthetic Equipment

- artificial eyes, including rebuilding and polishing of artificial eyes;
- standard artificial limbs, including repairs, stump socks and shoulder harnesses;
- cleft palate obturators;
- external breast prostheses;

- surgical brassieres; and
- internal breast prostheses to the amount payable for external breast prostheses.

Mobility Aids

- wheelchairs and power scooters when necessary to permit independent participation in daily living; and
- repairs and rechargeable batteries for covered wheelchairs.

Hearing Aids

- hearing aids including batteries, tubing and ear moulds provided at the time the hearing aid is purchased; and
- hearing aid repairs and adjustments

Diabetic Supplies

- blood-glucose, flash glucose, and continuous glucose monitoring machines;
- sensors and transmitters for continuous glucose monitoring machines.

Other Medical Supplies

- canes, walkers, crutches and parapodiums;
- hospital beds, bed rails, trapeze bars, head halters and traction apparatus;
- colostomy and ileostomy supplies;
- catheters and catheterization supplies;
- food substitutes that must be administered through a tube feeding process. Tube feeding pumps and pump sets are also covered;
- transcutaneous nerve stimulators for the control of chronic pain;
- custom-made pressure supports for lymphedema;
- extremity pumps for lymphedema or severe postphlebotic syndrome;
- custom-made graduated compression hose;
- custom-made burn garments;
- elevated toilet seats, shower chairs, bathtub rails and standard commodes;
- wigs for cancer patients undergoing chemotherapy;
- surgically implanted intraocular lenses; and
- eyeglasses or contact lenses following eye surgery.

Diagnostic Services

Canada Life covers diagnostic laboratory and x-ray procedures performed in the *Insured's* province of residence when coverage is not available under the *Insured's* Government Plan.

Dental Accident Treatment

Dental treatment resulting from Injury to Sound Natural Teeth is covered if:

- the dental treatment is required as a result of a blow from an external force.
- the Injury occurs while the *Insured* is covered under this policy;
- treatment is performed by a Dentist, oral surgeon, or denturist; and
- treatment begins within 60 days after the Injury. This requirement will be waived if Canada Life receives satisfactory evidence that an Injury or Sickness has delayed treatment beyond 60 days.

Paramedical Services

Unless prohibited by law, Canada Life will pay for the portion of the cost of paramedical services that is not payable under a Government Plan.

Canada Life covers the following paramedical services when provided out-of-hospital:

- treatment of muscle and bone disorders, including diagnostic x-rays, by a licensed chiropractor;
- treatment of nutritional disorders by a registered dietician;
- treatment by a licensed osteopath, including diagnostic x-rays;
- treatment of movement disorders by a licensed physiotherapist;
- treatment of foot disorders, including diagnostic x-rays, by a licensed podiatrist;
- treatment by a registered psychologist or social worker;
- treatment by a qualified massage therapist;
- treatment of speech impairments by a qualified speech therapist;
- treatment by a licensed naturopath; and
- treatment by a qualified acupuncturist.

Canada Life covers expenses incurred for eligible paramedical services outside of Canada if Canada Life would have paid benefits for those paramedical services if they had been received in the *Insured's* home province or territory.

Visioncare

Canada Life covers eye examinations, including refraction, if they are performed by a licensed ophthalmologist or optometrist, provided coverage is not available under the *Insured's* Government Plan.

Canada Life covers expenses incurred for eligible vision expenses outside of Canada if Canada Life would have paid benefits for those vision expenses if they had been received in the *Insured's* home province or territory.

Section 7: Limitations

General Limitations

For Covered Healthcare Services and Supplies, benefits payable are per *Insured* person, unless otherwise indicated.

Benefits payable for Covered Healthcare Services and Supplies and Covered Dentalcare Services and Supplies eligible under any Government Plan are limited to any deductible and co-insurance amounts the *Insured* is required to pay under the Government Plan.

The *Maximum Benefit Amount* payable for Covered Healthcare Services and Supplies for all expenses incurred for one *Insured* is \$30,000 per calendar year, as shown in the *Policy Specifications*. The *Maximum Benefit Amount* shown in the *Policy Specifications* does not apply to those Covered Expenses incurred for treatment of an Injury under the Dental Accident Treatment provision.

Benefits payable for Covered Healthcare Services and Supplies are further limited as set out below:

Specific Limitations for Covered Healthcare Services and Supplies

Hospital Care

For Hospital accommodation, benefits payable are limited to the difference between the Hospital's private and standard ward rates up to \$225 per day for a maximum of 90 days in a calendar year.

Nursing Home Care

For Nursing Home accommodations, benefits payable are limited to \$50 per day for a maximum of 30 days per lifetime of the condition.

In-Home Nursing Care

Benefits payable are limited to the minimum number of hours per day or week and level of skill needed to provide each essential nursing service.

Benefits payable for nursing care are payable for a maximum of 12 months, beginning on the first day of care. The maximum amount payable is \$2,500. The maximums will be reinstated for a subsequent period of nursing care if:

- it follows a period of at least six months during which no nursing care was needed; or
- it is required for a different and unrelated Injury or Sickness.

Hospital Care and In-Home Nursing Care benefits are not payable for chronic care.

Prescription Drugs

Benefits payable for prescription drugs are limited to \$1,000 in a calendar year.

Orthopedic Equipment

Benefits payable for custom-made foot orthotics and custom-fitted orthopedic shoes, including modification to orthopedic footwear, are limited to \$200 in a calendar year.

Prosthetic Equipment

Benefits payable for internal breast prostheses are limited to the amount payable for external breast prostheses.

Coverage for external breast prostheses is limited to once in a calendar year.

Coverage for surgical brassieres is limited to twice in a calendar year.

Mobility Aids

Canada Life covers only mobility aids that permit the *Insured* to perform activities of daily living without the assistance of another person.

Where the *Insured* has been reimbursed for a power scooter, no benefits are payable for the purchase of a wheelchair until at least three Years have elapsed since the power scooter was purchased.

Benefits payable for wheelchairs are limited to \$1,500 during the *Insured's* lifetime.

Hearing Aids

Benefits payable for hearing aids are limited to \$500 every five years.

Diabetic Supplies

Coverage for blood-glucose, flash glucose, and continuous glucose monitoring machines, including sensors and transmitters for continuous glucose monitoring machines, is limited to \$500 per calendar year. Flash glucose sensors are covered separately under prescription drugs.

Other Medical Supplies

Benefits payable for:

- transcutaneous nerve stimulators for the control of chronic pain are limited to \$700 in an *Insured's* lifetime;
- extremity pumps for lymphedema or severe postphlebotic syndrome are limited to \$1,500, once in an *Insured's* lifetime; and
- wigs for cancer patients undergoing chemotherapy are limited to \$500 in an *Insured's* lifetime.

Coverage for:

- custom-made graduated compression hose is limited to four pairs in a calendar year; and
- eyeglasses or contact lenses following eye surgery is limited to one pair per lifetime.

Dental Accident Treatment

Benefits payable for dental accident treatment, for:

- crowns on molars are limited to the cost of metal crowns;
- complicated crowns are limited to the cost of standard crowns;
- tooth-coloured onlays on molars are limited to the cost of metal onlays;
- crowns or onlays are limited to the cost of fillings provided when a tooth could have been adequately restored using other procedures;
- tooth-coloured retainers and pontics on molars are limited to the cost of metal retainers and pontics;
- inlays are limited to the cost of fillings; and
- overdentures or initial bridgework are limited to the cost for:
 - in the case of overdentures, standard complete dentures; and
 - in the case of initial bridgework, a standard cast partial denture; and
 - restoration of abutment teeth when required for purposes other than bridgework when standard complete or partial dentures would have been a viable treatment option.

Coverage for crowns and onlays is limited as set out above and is provided only if:

- the Injury resulted in extensive structural loss that cannot be adequately restored using other procedures; or
- the crown or onlay is required to replace an existing crown or one that cannot be made serviceable due to the Injury.

Benefits payable for the following appliances are limited to the cost for standard dentures or bridgework:

- equilibrated and gnathological dentures;
- dentures with stress breaker, precision, and semi-precision attachments;
- partial overdentures; and
- dentures and bridgework related to implant.

Paramedical Services

Unless prohibited by law, Canada Life will pay for the portion of the cost of paramedical services that is not payable under a Government Plan.

Benefits payable for Reasonable and Customary Charges for:

- treatment of muscle and bone disorders, including diagnostic x-rays, by a licensed chiropractor are limited to a maximum amount payable of \$300 in a calendar year;
- treatment of nutritional disorders by a registered dietician are limited to a maximum amount payable of \$300 in a calendar year;
- treatment by a licensed osteopath, including diagnostic x-rays, are limited to a maximum amount payable of \$300 in a calendar year;
- treatment of movement disorders by a licensed physiotherapist are limited to a maximum amount payable of \$300 in a calendar year;
- treatment of foot disorders, including diagnostic x-rays, by a licensed podiatrist are limited to a maximum amount payable of \$300 in a calendar year;
- treatment by a registered psychologist or social worker are limited to a maximum amount payable of \$300 in a calendar year;
- treatment by a qualified massage therapist are limited to a maximum amount payable of \$300 in a calendar year;
- treatment of speech impairments by a qualified speech therapist are limited to a maximum amount payable of \$300 in a calendar year;
- treatment by a licensed naturopath are limited to a maximum amount payable of \$300 in a calendar year; and
- treatment by a qualified acupuncturist are limited to a maximum amount payable of \$300 in a calendar year.

Visioncare

Coverage for eye examinations, including refractions, is limited to one exam every two Years up to a maximum of \$75.

Section 8: Exceptions

General Exceptions

No benefits will be paid for:

- expenses that private insurers are not permitted to cover by law.
- services and supplies the *Insured* is entitled to without charge by law or for which a charge is made only because the *Insured* has insurance coverage.
- services and supplies that do not represent Reasonable Medical Treatment or Reasonable Dental Treatment.
- services and supplies associated with treatment performed for cosmetic purposes only.

- services and supplies, under the Covered Healthcare Services and Supplies section, associated with:
 - the diagnosis or treatment of infertility; or
 - contraception, except oral contraceptives.
- services or supplies associated with Covered Healthcare Services and Supplies, unless specifically listed as a covered service or supply.
- services or supplies received outside of Canada, except:
 - under the Prescription Drugs, Paramedical Services and Visioncare provisions if Canada Life would have paid benefits for those drugs, paramedical services or Visioncare expenses if they had been received in the *Insured's* home province or territory; or
 - as provided by the *Emergency Travel Medical Rider*, if in force. If in force, this rider is shown on the page(s) headed *Policy Specifications*.
- services or supplies received out-of-province in Canada, unless the *Insured* is covered by the Government Plan providing medicare coverage in the *Insured's* home province or territory; and Canada Life would have paid benefits for the same services or supplies if they had been received in the *Insured's* home province or territory.
- expenses arising from War, declared or undeclared, insurrection, acts of terrorism, voluntary participation in a riot or civil unrest.
- expenses arising from committing or attempting to commit an assault, battery or criminal offense, whether or not you were charged with a criminal offense.

Specific Exceptions for Covered Healthcare Services and Supplies

No benefits will be paid under the Covered Healthcare Services and Supplies section for the following:

Prescription Drugs

- any drug that does not have a drug identification number as defined by the Food and Drugs Act, Canada, as amended from time to time;
- proprietary or patent medicines registered under the Food and Drugs Act, Canada, as amended from time to time;
- homeopathic preparations, unless federal or provincial legislation requires a prescription for their sale;
- smoking cessation products; and
- drugs for the treatment of erectile dysfunction, whether or not prescribed for a medical reason.

Mobility Aids

- special wheelchair features required primarily for participation in sports.

Orthopedic Equipment

- dental braces; and
- intra-oral splints.

Other Medical Supplies

- air-fluidized hospital beds.

Dental Accident Treatment

- dental treatment completed more than 12 months after an Injury; and
- orthodontic diagnostic services or treatment.

Section 9: Claim Provisions

Proof of Claim

Benefits under this policy will only be paid for Covered Expenses for which Canada Life has received proof satisfactory to Canada Life that payment is due. For benefits under the Dental Accident Treatment provision in the Limitations section, proof must include pre-treatment radiographs and study models when required by Canada Life.

Claim Responsibility

The *Owner* must provide, or cause to be provided, information required to prove entitlement to benefits and must also authorize Canada Life to obtain information from other sources for this purpose.

Coordination of Benefits

Benefits under this policy are coordinated when other similar coverage is available.

Government Plans

When reimbursement is available under a Government Plan, each Covered Expense is reduced by the amount payable under that plan. The reduced Covered Expense is then considered to be a Covered Expense under all other coordination provisions.

The reduced Covered Expense is subject to the *Reimbursement Level* and *Maximum Benefit Amount* shown on the *Policy Specifications* and to the limitations and exceptions under this policy.

Other Health Insurance Plans

Benefits under this policy are coordinated when other similar coverage is available under an Other Health Insurance Plan. For example, when reimbursement is available under another plan, such as a credit card plan, each Covered Expense is coordinated with the other plan when similar coverage is available, so that the total payment does not exceed 100 per cent of Covered Expenses under this policy. Benefits payable are subject to the *Reimbursement Level*, *Deductible* and *Maximum Benefit Amount* shown on the *Policy Specifications* and to the limitations and exceptions under this policy.

Where both Canada Life and an Other Health Insurance Plan have reimbursed the *Owner* for Covered Expenses, the *Owner* will repay Canada Life for our portion of the expense, so that the total payment does not exceed 100 per cent of Covered Expenses under this policy.

Right to Release or Receive Information

Canada Life may release or receive information required for coordination of benefits without specific authorization.

Assignment of Rights Against Third Parties

If benefits are paid for expenses incurred as a result of the actions of a third party, for example, as a result of a car accident, the *Insured* agrees to transfer any rights of action to Canada Life. The *Insured* must reimburse Canada Life for any amounts recovered from the third party. The *Insured* must cooperate fully with Canada Life if Canada Life brings a legal action against the third party.

Pre-Determination of Covered Dentalcare Services and Supplies

To determine the extent of benefits payable under this policy, it is recommended that an *Insured* submit a Treatment Plan, as described below, to Canada Life before having Dental Accident Treatment that will cost \$200 or more.

On receipt of the Treatment Plan, Canada Life will advise the *Owner* of the estimated amount payable under this policy. This pre-determination of benefits is only valid for 90 days.

Treatment Plan

A Treatment Plan must contain the Dentist's confirmation of:

- the recommended treatment for complete correction of the *Insured's* conditions;
- the approximate date of completion; and
- the estimated cost.

Payment of Claims

Benefits will be issued to the *Owner* unless:

- the *Owner* chooses to assign benefits to the provider of services; and
- assignments to the provider of services are acceptable according to Canada Life's administrative practices at the time of claim.

Overpayment

If an *Insured's* benefits are overpaid, the *Owner* is responsible for repayment within six months or within a longer period if agreed to by Canada Life. If the *Owner* fails to fulfill this responsibility, further benefits payable will be withheld until the overpayment is recovered. This does not limit Canada Life's right to use other legal means to recover the overpayment.

Section 10: Reinstatement

If this policy terminates due to:

- non-payment of premium;
- the *Owner* ceasing to be covered under a Government Plan providing Medicare coverage in the *Owner's* province or territory of residence; or
- the *Owner* ceasing to be a permanent resident of Canada;

the *Owner* may apply to reinstate this policy. The *Owner* must:

- apply in writing within 12 months after the date this policy is terminated;
- pay any premiums still owing from the periods prior to the date this policy terminated plus interest and additional fees;
- be covered under a Government Plan providing Medicare coverage in the *Owner's* province or territory of residence;
- be a permanent resident of Canada; and
- provide evidence of insurability satisfactory to Canada Life for all *Insureds* if requested by Canada Life.

If Canada Life approves the reinstatement, the reinstated policy will take effect on the date of approval by Canada Life. No benefits are payable for expenses related directly or indirectly to an Injury that occurred or a Sickness that began during the period when the policy was not in force.

Section 11: Surviving Spouse and Child Conversion Coverage

Canada Life will automatically continue coverage where the coverage for an Insurable Spouse and an Insurable Child would otherwise cease solely because of the death of the *Owner*, unless the Insurable Spouse has advised Canada Life to terminate the policy. The *Insureds* may become members of a different Risk Class due to the death of the *Owner*.

Within 31 days of receiving written notice of the *Owner's* death, Canada Life will provide the Insurable Spouse with:

- *Policy Specifications* naming the Insurable Spouse as the *Owner*; and
- the change in premium due to change in Risk Class, if applicable.

Section 12: Change in Policy Provisions

Canada Life has the right to change this policy's provisions on an *Annual Renewal Date*. Except as allowed under the sections dealing with changes in premium, Canada Life will not change this policy's provisions other than on an *Annual Renewal Date*, unless the change is related to the introduction, revision or repeal of a government law or regulation that affects the benefits or taxes payable under this policy.

Canada Life will give the *Owner* written notice of any change to the policy's provisions. Written notice of a change that takes effect on an *Annual Renewal Date* will be mailed to the *Owner* at the most recent address shown in Canada Life's records no less than 31 days before any change in premium becomes effective.

Section 13: General Provisions

Currency

All amounts to be paid to or by Canada Life will be in Canadian currency.

Medical and Dental Assessments

Canada Life has the right to conduct necessary investigations relating to Applications or claims, and to obtain independent medical or dental assessments if required. Canada Life must also be given the opportunity to examine the *Insured* for whom an Application or claim is made as often as it may reasonably require during the course of an investigation or assessment.

Canada Life may assume the cost of assessments or investigations according to its administrative practices at the time of Application or claim.

Misstatement of Age

Canada Life may request proof of an *Insured's* age at any time. If the *Insured's* age has been misstated, entitlement to insurance and benefits will be determined according to the *Insured's* true age.

If premiums have been underpaid for an *Insured's* true age, a retroactive adjustment must be paid by the *Owner* before benefits will be paid or continued.

If premiums have been overpaid for an *Insured's* true age, Canada Life will pay or credit a retroactive adjustment to the *Owner*.

Payment to Estate

Benefits will be paid to the *Owner* if living, otherwise to the *Owner's* estate, except as provided below or elsewhere in this policy.

If benefits are payable to the *Owner's* estate or to an *Owner* who cannot execute a valid release, Canada Life may pay benefits up to \$2,000 or such other amount as may be permitted by law, to a person who is related to the *Owner* by blood or marriage, or to any person whom Canada Life considers to be equitably entitled to such benefits. Canada Life will be discharged to the extent of any such payment made in good faith.

Incontestability

Canada Life may void the contract if any statement or answer in an Application misrepresents or fails to disclose any fact material to the insurance. Canada Life will not, for the above reasons, void the contract after it has been in force for two consecutive years following the later of the Policy Effective Date and the last date of reinstatement of this policy, if any, except in the case of fraud.

This provision does not apply to a misstatement of age.

Disclosure Provisions

If asked to do so within two years after notification of a decision concerning insurance, Canada Life will disclose to the *Owner* or *Insured* the name of each person or organization that provided information concerning the *Insured's* Application or claim.

If an *Owner* or *Insured* submits written authorization from a person or organization that provided medical information, Canada Life will disclose the information to the *Owner* or *Insured* or at Canada Life's discretion, to the *Owner* or *Insured's* doctor.

Canada Life may, without specific authorization, disclose information about an *Insured's* claim to another insurer or benefits administrator if:

- the information could be relevant to assessment of the claimant's entitlement to other benefits for the same period of time; and
- the information is given in confidence with the stipulation that it may not be released to another party.

Appeals

An *Owner* has the right to appeal a denial of all or part of the insurance or benefits described in this policy as long as the *Owner* does so within two years after the denial. An appeal must be in writing and must include the *Owner's* reasons for believing the denial to be incorrect.

Conformity to Legislation

If this policy does not conform to legislation that governs it, it is considered automatically amended to comply with the minimum requirements of that legislation.

Section 14: Statutory Conditions

Certain conditions must be contained in this policy by law and are referred to as Statutory Conditions. These conditions are set out in this section and in the sections referred to below.

Copy of Application

Canada Life shall, upon request, furnish to the *Owner*, the *Insured*, or a claimant under the contract a copy of the Application.

The Contract

The Application, this policy, any document attached to this policy when issued, and any amendment to the contract agreed upon in writing after the policy is issued, constitute the entire contract and no agent has authority to change the contract or waive any of its provisions.

Waiver

Canada Life shall not be deemed to have waived any condition of the contract, either in whole or in part, unless the waiver is clearly expressed in writing signed by an authorized officer of Canada Life.

Material Facts

No statement made by the *Owner* or the *Insured* at the time of any Application for the contract shall be used in defence of a claim under or to avoid the contract unless it is contained in the Application or any other written statements or answers furnished as evidence of insurability.

Notice and Proof of Claim

The *Owner*, the *Insured* or a beneficiary entitled to make a claim or the agent of any of them, shall:

- give written notice of claim to Canada Life within 90 days from the date a claim arises under the contract on account of an Injury or Sickness:
 - by delivery of the written notice of the claim, or by sending it by registered mail to the Head Office or chief agency of Canada Life in the Province; or
 - by delivery of the written notice of the claim to an authorized agent of Canada Life in the Province;
- furnish to Canada Life such proof as is reasonably possible in the circumstances, within 90 days from the date a claim arises under the contract on account of an Injury or Sickness, or the commencement of the Sickness, if applicable, and the loss occasioned thereby, the right of the claimant to receive payment, the claimant's age, and the age of the beneficiary, if relevant; and
- if required by Canada Life, furnish a satisfactory certificate as to the cause or nature of the Injury or Sickness for which claim may be made under the contract and as to the duration of such disability.

Company to Furnish Forms for Proof of Claim

Canada Life shall furnish forms for proof of claim within 15 days after receiving notice of claim, but where the claimant has not received the forms within that time, the claimant may submit proof of claim in the form of a written statement of the cause or nature of the Injury or Sickness giving rise to the claim and the extent of any loss.

Failure to Give Notice or Proof

Failure to give notice of claim or furnish proof of claim within the time prescribed by this Statutory Condition does not invalidate the claim if the notice or proof is given or furnished as soon as reasonably possible, and in no event later than 15 months from the date of the Injury or the date a claim arises under the contract on account of Sickness, if applicable, if it is shown that it was not reasonably possible to give notice or furnish proof within the time so prescribed.

When Moneys Payable

All money payable under the contract must be paid by the insurer within 60 days after it has received proof of claim.

Limitations of Actions

An action or proceedings against Canada Life for the recovery of a claim under this contract shall not be commenced more than one year after the date the insurance money becomes payable or would have become payable if it had been a valid claim.

Termination by Insured

This condition has been replaced by the Cancellation and Termination provision in Section 4 of this policy.

Termination by Insurer

This condition has been replaced by the Cancellation and Termination provision in Section 4 of this policy.

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

What does your *freedom* look like?™



Canada Life and design, Freedom to Choose and What does your freedom look like? are trademarks of The Canada Life Assurance Company.
70-0104 10/22